

September 17, 2007



Out of Borough Experience

Fall Weekend Getaways



Plan your escape route. Leave no trace[<http://cooldriver.org/>]

Hop: Forty Miles from Manhattan

Sitting at ease on the Hudson River is the romantic, indulgent **Monteverde at Oldstone Manor**

[<http://monteverderestaraunt.com>]

(28 Bear Mountain Bridge Road, Cortlandt Manor, N.Y.; 914-739-5000). The recently converted 18th-century mansion on 29 woody acres has two spacious master suites with steam showers and sweeping views.

Book a body treatment or facial before dinner at the modern American restaurant operated by chef Neil Ferguson (of L'Arpège and Gordon Ramsay, and, as of next week, Allen & Delancey in NYC). After early morning yoga, om back home on Metro North.

